

Welcome to the
BEDFORD COUNCIL ON AGING
SENIOR CENTER



Located in the Town Center Building

12 Mudge Way, Bedford, MA 01730

781-275-6825 (-5673 fax)

([click here for map & directions](#))

Hours:

Monday through Friday,

8 a.m. to 4 p.m.

Saturday, Noon to 4 p.m.

Support Groups on Tuesday evenings



. . . your home away from home:

- have a cup of coffee or tea and chat in the Kitchen Table Room
- play pool, bridge, and other games in the Game Room
- use computers, find resources, read a book in our Library

We hope that you will come here to meet friends, relax, and find information. If you are coming

for an activity, you can check its location on the schedule by the door and go directly there, or stop at the reception desk to sign in first. You may also get information and counseling from our Elder Services Coordinator who is just around the corner from the reception desk.

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- *Bedford residents 60 and older* are eligible for all services and activities
 - *All Bedford residents* are eligible for assistance with elder service coordination for themselves, their family members, or others.
 - *Younger Bedford residents* may attend Council on Aging activities, classes, and trips on a space available basis.
 - All programs and services are offered *free* except for classes, trips, and some workshops.